

Success Story on

Nutri Garden

The main objective of the Nutri Garden Program is promoting dietary diversification in rural area by improving the nutritional status of SHG women households and others in the rural community.

Laliya thanda is a small panchayat with having 242 families. There are 185 poor, poorest of the poor and middle class families living in the village. All these families are depending on agriculture for their livelihood. The



village is located at a distance of 15 km far from the Mandal headquarters of Kamepalli. The primary school in the village is up to 5th class only. There are 23 SHGs in the entire village.

Ajmira Kalyani is a member in Sri Krishna SHG under the Sri Ramanjaneya Grama Samakhyas, Maddulapalli village of Kamepalli mandal of Khammam District, Telangana state. She lives with her husband Kumar and mother-in-law and two children. She could grow only one or two varieties of vegetables in the 0.20 Acr/Guntas of land out of the total land 2.10 Acr. Although the main source of livelihood is Agriculture, vegetables are grown only when there is no farm work. The family's financial situation

was dire. Monthly income from agricultural work is around Rs. 3500/- to 4500/-only.

The Community Coordinator and Village Organisation Assistant has introduced the Nutri Garden programme at a Ramanjaneya Village Organisation (VO) meeting held last year. She has shown interest and discussed among her family members and proposed in the VO through Self help Group (SHG). She was given a Community Investment Fund (CIF) loan amount of Rs 1,00,000/- for cultivation of Nutri Garden in her Farm.

She was trained for 2 days, held at Training and Technology Development Center (TTDC), Khammam in coordination with Technical Support Agency guidance to grow the vegetables as per seasonal calendar. The land taken up for cultivation Nutri garden is black soil with sufficient water facility for two crops in a year. She has planted vegetables like Ridge gourd, coriander/okra, brinjal, cabbage, kakara/bitter gourd, beans and greeny leaf vegetables like Thotakura/amaranthus, palakura/spinach, chukka kura/sorrel leaves were planted.

The program is ongoing on sustainable manner, they are getting the income on a daily basis. The harvested



vegetables are grown organically and the need for them has been communicated in the Village Organization. As a result, they are able to sell vegetables from Rs. 1800/- to Rs. 2000/- every day. The vegetables will be sold at her village and nearby villages through their TVS moped.

The total investment is Rs. 1,00,000 / - and sell vegetables daily approximately Rs.1800 / -.From the sales amount Rs 1,800/-, she pays labour costs Rs 800/- and other expenses Rs.200/- . Her net daily income is Rs 800/-.



Before the Nutri Garden program she used to do farm work or wage labor and some days she was not able to go to wage work because of health problems. Along with her husband, she is able to cultivate Nutri Garden and earning in a sustainable, steady income and staying healthy. The organic vegetables grown in her Nutri Garden will supplied to the nearby Anganwadi centers.

After implementing this program, most of the villagers have a habit to consume her organic Vegetables and got awareness about good food habits and immunity through nutritious food.



This program has enabled her to earn an additional higher income as well as opportunity to create a livelihood for others. In future she is planning to grow fruit plants along with the vegetables. So that people will be in good health by eating organic vegetables and fruits and get more income through more working days. She is confident that even in Corona situation we can face this pandemic with our healthy, good immunity and confidence.

Thanking you Telangana SERP.

