

Success Story on

Nutri Garden

The main objective of the Nutri Garden Program is promoting dietary diversification in rural area by improving the nutritional status of SHG women households and others in the rural community.

Jinki Anuradha w/o Narayana, age 45yrs of Anantaram village, Gummadidala mandal in Sangareddy district of Telangana state, was joined in Bindulatha SHG in 1997.

Anuradha initially joined in the SHG

with a minimum of her savings with Rs 30/- every month and six months later she took a loan of Rs. 5000/- as her share. With that loan she started the life of a farmer on a lease of 1/4 acre farm. That year she got a profit of Rs. 8000/- with all expenses incurred.



As a member of the SHG, she has taken bank loans 10 times so far and used them for lease and farm work. The CIF loan amount from Village Organisation was also utilized. Debts were utilized in the SHG for the education of the children as well as for the health of the children. She played a key role in helping her family pay off debts in a timely manner while doing farm work. In the year 2006 she lost

Rs 30,000/- in agriculture. Undaunted, she re-farmed the tomato crop and made a profit of Rs.1 Lakh and buffaloes were bought with the remaining money to pay off debts.



In the year 2009, she was elected as the Office Bearer of the Village Organisation and later she was elected as the President of the Gummadidala Mandal Mahila samakhya, which increased her awareness on government schemes.

She has inherited 1/2 acre of land in the village which is not under cultivation earlier. Her village is 3 km away from the Mandal headquarters and 90% of the farmers in the village grow vegetables mostly sell them in Secunderabad and Hyderabad.

Jinki Anuradha herself came forward to plant 10 to 12 varieties of vegetable crops in half acre when Community Coordinator selected the beneficiaries for the Nutri Garden in the village organisation.

She has attended the training for 2 days conducted in coordination with Technical Support Agency guidance to grow the vegetables as per seasonal calender. Before she use to grown only 2 crops, after training she is cultivating more varieties of crops as learn from Nutri Garden trainings. Anuradha was given a loan amount of Rs. 50,000/-. For starting Rs. 50,000/- for cultivating vegetables. She spend Rs 15,000/- for plowing, Rs. 10000/- for seeds and Rs. 13,000/- for labour and organic medicine.



At present, Ash gourd, bitter gourd, Ridge gourd, cluster beans, lady's finger, broad beans, coriander, tomato, Kenaf, fenugreek leaves, cucumber, green chillies were planted. Most of the vegetables grown in her 1/2 acre was sold in the village and nearby villages.

Now villagers are changing their food habits to consume vegetables and got awareness about dietary diversification and the importance of Immunity.
